

# DESTINATION ASIA

DESTINATION MANAGEMENT FOR ASIA'S TRAVEL CONNOISSEURS

## TRAVEL IN MYANMAR POST COVID-19



**Safe  
travels**

by  
WORLD  
TRAVEL &  
TOURISM  
COUNCIL

THAILAND | VIETNAM | CHINA | JAPAN | HONG KONG | INDONESIA | SINGAPORE | CAMBODIA | MALAYSIA | MYANMAR | LAOS



# GUIDING PRINCIPLES

## Developing our operating standards

In order to support and respond to client questions relating to health and safety around travel in the current climate, Destination Asia produced a series of 'Travel in Asia Post COVID-19' documents for each of its operating countries. The intention is to provide clients with visibility on those measures currently in place in Asia – at government level and covering our own operational standards. These standards have been approved by the World Travel & Tourism Council (WTTC) after meeting their core global protocol requirements. Destination Asia has been provided with the WTTC 'Safe Travels' stamp, showing our commitment to provide a safe environment once international travel opens again.

The standards are based on the information available to us today. We will update the online versions as countries lift restrictions and travel opens further.

The operating procedures outlined are the minimum operating standards established in response to COVID-19, whereby Destination Asia can implement controls to protect travellers and employees, and help prevent the spread of infection.

Each document is based upon four guiding principles:



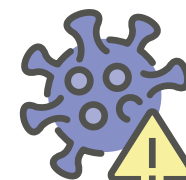
Protection & barriers



Enhanced sanitation  
procedures



Physical distancing  
compliance



Training & monitoring

This 'Travel in Asia Post COVID-19' document is supported by country operating manuals to ensure the above guiding principles are appropriately implemented and maintained as we move forward.

# AIRPORTS

We are closely monitoring the situation and will provide updates accordingly

1

At present, **all international flights are banned until further notice**, except for returning nationals and officials.

2

Myanmar has implemented a mandatory **21 day quarantine** for arrivals. For special cases where individuals have been allowed to return, they are being asked to complete a health declaration form and/ or provide a medical certificate before departure.

3

Airlines are introducing new social distancing rules from check-in to boarding. The middle seat is unavailable on sectors where it is mandated by regulators. The **wearing of masks by passengers will be subject to airline conditions** but is recommended.

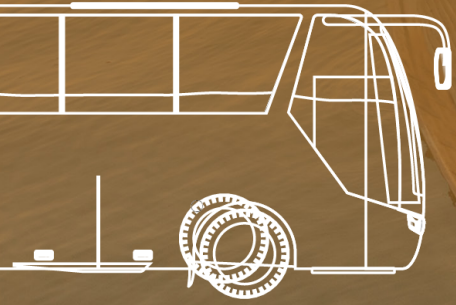
4

Airport staff are required to wear face shields/ masks and gloves. **Passengers are required to pass through thermal scanning** in most destinations.

5

Airlines have introduced precautionary measures to limit on-board interaction. This has resulted in **changes to inflight service offerings on all flights**. Additional changes may be introduced on some flights if required by the regulators.





# TRANSPORT

Local government guidelines in each destination will be strictly adhered to



## DESTINATION ASIA

▶ **All vehicles are equipped with hand sanitiser**, and guests will be asked to clean their hands on entry into the vehicle. Protective masks are available for guests upon request.

▶ Travellers are encouraged to **complete a temperature check before boarding any vehicle** at the start of the day. This is repeated every day they are on tour.

▶ **Vehicles will be thoroughly disinfected and sanitised before each use**; with a log maintained. After each transfer, the driver will wipe down with a disinfectant solution, all high touch surfaces such as seats and door handles.

▶ We encourage guests to carry their own luggage where possible to reduce contamination. If required to, **our drivers can handle luggage and will wear gloves** while doing so.

▶ Vehicle **capacity is reduced by 50% with safe seating distance between guests** maintained e.g. empty seats will be blocked with signage.



## PUBLIC

▶ **Social distancing is required on public transport.** This has led to longer entry queues at stations and points of departure, making distancing difficult at times.

▶ **Masks are required for entry and seats are blocked** to allow for distancing. In most cases, hand sanitisers are freely available at stations.

▶ Some countries are under **government curfew restrictions**, with public transport services closing earlier than normal.



# OUR GUIDES

## Travelling with Destination Asia

All our guides have received training on new protocols and briefed to explain new local regulations to arriving guests. Also, **every guide will complete a post-trip report** including COVID-19 checklist.

Our guides and drivers are subject to **temperature checks at the start of each day** and shall wear a mask or face shield, and gloves when required.

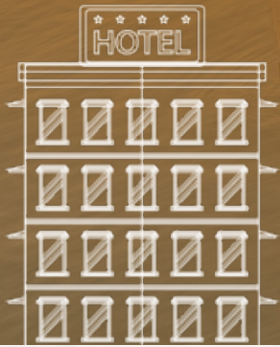
**Physical distancing of 2 metres (6 feet) apart will be encouraged at all times** by guides at venues, restaurants and throughout tours and activities.

**Asia is home to several centres of medical excellence**, with internationally trained doctors available and English commonly spoken.

Guides will report any guest displaying signs of fever and provide assistance as per **Destination Asia health and safety policy**.

Temperature checks are encouraged before boarding vehicles with **strict spacing adhered to** on-board.

We encourage clients to **use their own refillable water bottles to help reduce contamination and the use of plastic**. Hand sanitiser is carried by each guide during each trip, though we suggest clients maintain a personal supply along with any PPE.



# HOTELS

Many hotels remain closed. Those opening are **sharing policies on new regulations and guidelines**, and this will be shared when more information is known.

There are generally **limited access points into hotels to help control movement** of visitors. Many have put up barriers at check-in to protect guests and staff.

Staff will perform **temperature checks on all guests** as they arrive and disinfect luggage using a spray.

**Hand sanitiser is provided** in public areas and guests are encouraged to use this.

It is **mandatory for hotel staff to wear masks** at all times.

As a general rule, **hotel rooms are sanitised after check-out** using a hospital grade decontamination system for sanitization.

**Social distancing policies are visible in public areas:** At check-in counters, next to elevators, meeting rooms, and hotel restaurants.

Some hotels have gone a **step further and promote digital check-in/out**. In this instance, guests can complete registration cards on their mobile devices on the way to the hotel, they will find their room key waiting for them at reception. Prior to check-out, guests will be able to settle their bill via a secure online payment system and receive the receipt via email.



# RESTAURANTS/SHOPS/VENUES

Restaurants, venues and other service providers are implementing government-led guidelines. **We will only work with those suppliers who as a minimum, adhere to government policies.**



Additionally, **Destination Asia has developed their own COVID-19 operating procedures** that suppliers must sign and agree to adhere to.



Regular checks are made by our operation teams and H&S assigned staff to **ensure supplier standards are strictly adhered to.**



**We are utilizing touch-free payment options when possible.** Whenever possible, our guides will manage all vouchers, tickets and trip expenses to reduce contact with foreign objects.



A temperature check is often taken before entering, even at small convenience stores. Many places now require you to **check in via an App/QR code** or provide contact details for tracing purposes.



Restaurants and shops have introduced **social distancing with floor markings indicating new queuing regulations** and seating spaced minimum 2m apart.





# COVID-19 Report Site

Destination Asia

**MYANMAR**  
**REGULATIONS & RESTRICTIONS**

**International flight status (restricted countries and quarantine procedures):**  
Myanmar government has suspended the issuance of all types of visas to all foreign nationals until 30 June 2020. Some international airlines will reopen flight paths in July 2020. (AirAsia, Korean Airline, China Airline, Myanmar National Airline, All Nippon Airways, Vietnam Airlines, Singapore Airlines, Thai Airways, Nok air, Jet Star, Cathay Dragon, Fly Dubai, China Southern Airlines). All visitors will be subject to a 21-day facility quarantine on their arrival in Myanmar and a 7-day home/hotel quarantine, total 28 days.

**Domestic flight status:**  
All domestic flights to four site destinations are now in operation (except Nyaung U airport).

**Expected restaurant / venue opening dates and procedures:**  
Some local restaurants are still open but can offer take-away only. Fine dining restaurants and our recommended restaurants for tourists are closed until further notice.

**Internal country regulations / border crossings:**  
Foreigners are not currently allowed to enter via overland borders until further notice. All International River cruises have also been banned from entering Myanmar from 30 March until further notice. Nationwide night-time curfew from 23:59 – 04:00 Hrs and banning the gathering of five or more people.

**Other notes / links:**  
Wear masks at all times while in public and social distancing.  
<https://tourism.gov.mm/covid-19/>  
<https://www.mofa.gov.mm/announcement-on-extension-of-the-precautionary-restriction-measures-relating-to-control-of-the-covid-19-pandemic-until-31-may-2020-15-5-2020-nay-pyi-law/>

HOTEL NAME	LOCATION	CLOSED FROM	RE-OPENING	COMMENTS
The Hotel @ Tharabar Gate	Bagan	25 March 2020	30 September 2020	COVID-19 Precaution
My Bagan Residence by Amata	Bagan	25 March 2020	30 September 2020	Renovation
Bagan Thiripyitseya Sanctuary Resort	Bagan	1 April 2020	30 September 2020	COVID-19 Precaution
Amata Garden Resort	Bagan	10 April 2020	30 September 2020	COVID-19 Precaution
Aureum Palace Hotel & Resort	Bagan	10 April 2020	Until further notice	COVID-19 Precaution
Bagan Lodge	Bagan	10 April 2020	Until further notice	COVID-19 Precaution
Rosewood Hotel Yangon	Yangon	30 March 2020	Until further notice	COVID-19 Precaution
Kalaw Hill Lodge	Kalaw	30 March 2020	30 September 2020	COVID-19 Precaution
Strand Hotel	Yangon	10 April 2020	1 October 2020	COVID-19 Precaution
Belmond Governors Residence	Yangon	10 April 2020	1 July 2020	COVID-19 Precaution
Pristine Lotus Spa & Resort	Inle Lake	10 April 2020	30 September 2020	COVID-19 Precaution
Inle Princess Resort	Inle Lake	10 April 2020	30 September 2020	COVID-19 Precaution

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Rather than inundating our partners with updates, we created a dedicated **COVID-19 report site** with details on; hotel, venue, and site & supplier closures and opening dates; and regulations and restrictions surrounding airports, restaurants and country borders.

The site contains a central spreadsheet with a tab in the footer allowing easy navigation between countries. The information presented within the site is regularly updated, providing the details you'll need in planning around travel reopening.

The site can be accessed by clicking on the link below. We suggest **bookmarking it for easy future access.**  
<https://sites.google.com/view/destinationasia-covid-19/home>



# Click any image to open

